



Faithgirlz... Journey to Your True Self

The Real Scoop Quiz

Put a star (*) next to each paragraph that describes you at least some of the time. If the description doesn't sound like you at all, leave it blank.

_____ A

I have to say, "Mom?" or "Dad!" like forever, before they answer me. It seems like my parents praise my brother (or sister) way more than they praise me. When I do things right, it's like no big deal, but if I mess something up, you would think I committed a crime. I don't think I'm good at anything — at least nobody says I am.

_____ B

Sometimes I feel like my own family doesn't get me. People say things like, "You sure aren't like your sister (or your mom or anybody else in the whole family)." Kids at school look at me like I'm weird. My parents are always trying to get me to be less this or more that (like less shy and more athletic). It doesn't really bother me that I'm kinda different, but it obviously bothers a lot of other people.

_____ C

I always have to keep my bedroom door open. If I just want to hang out by myself, people ask me what's wrong or try to make me "join in." I get in trouble for arguing, and when I want to do something new, I hear stuff like, "You're not old enough yet." There are things I want to decide for myself, but I'm not allowed to — things like how I wear my hair or what activities I do after school.

Now check the website for the answer key!